



April 5-6, 2019

[www.WISCPHR.org](http://www.WISCPHR.org)

## OVERVIEW

The Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation is pleased to announce its 31<sup>st</sup> Annual Conference. The purpose of the meeting is to enable the learner to incorporate new knowledge and techniques into a cardiac and pulmonary rehabilitation program. This activity has been submitted to AACVPR for CEU approval. Total: 3.75 CEU's for Friday Preconference Session; 7.5 CEU's for Annual Conference.

***Speaker handouts/powerpoints will be available on the website  
a week prior to the conference unless otherwise indicated  
(Total CEU's, schedule and speakers subject to change)***

## TARGET AUDIENCE

Registered nurses, exercise physiologists, respiratory therapists, physicians and other allied health professionals in the area of cardiopulmonary rehabilitation.

## Friday, April 5

11:30-12:00 pm	Registration for Personal and Professional Pre-Conference Session	Grand Lobby
12:00 - 3:45 pm	Personal and Professional Development Pre-Conference Session Team Work Makes the Dream Work <i>Rob Bell, BS, CPA</i>	G & H
4:30 - 6:00 pm	Conference Registration	Grand Lobby
4:30 - 5:30 pm	Vendor Networking Event - Hors d'oeuvres	A to F
5:30 - 6:15 pm	Vendor Presentations	Grand Ballroom
6:15 - 6:30 pm	WISCPHR President's Welcome - <i>Heidi Grafft, BS RCEP, CCRP</i>	Grand Ballroom
6:30 - 7:30 pm	Rapid Fire Presentations: *Fall Prevention - <i>Anna Marie School, BA</i> *What's Working and What's Not - Certification/Performance Measures <i>Bonnie Anderson, MS, CEP, MAACVPR</i> Increasing Overall Program Referral/Enrollment Rates <i>Tracy Herrewig, MS, RCEP, FAACVPR</i> Increasing Pulmonary Rehab Enrollment/Guidelines <i>Thorne Wittstruck, BS, RCEP, CCRP</i> *New Website Update - <i>Chad Johnson, MS, CEP; Eddie Stenger, MS, CCRP, CEP</i>	
7:30 - 8:45 pm	Cooking Demo and Samples <i>Sponsorship Provided by The Wisconsin Beef Council</i>	A to F
8:45 - 9:15 pm	Dessert - <i>Sponsorship Provided by Novartis</i> Networking and Cash Bar	A to F

# Saturday, April 6

6:30 – 7:15 am	Registration	Grand Lobby
6:30 – 7:15 am	Vendors/Breakfast <i>Sponsorship Provided by The Wisconsin Beef Council and The Wisconsin Potato and Vegetable Growers Association</i>	A to F
7:15 – 7:30 am	Welcome/Overview <i>Heidi Grafft, BS, RCEP, CCRP</i>	Grand Ballroom
7:30 – 8:30 am	Keynote – What's Value Got to do with It? <i>Tracy Herrewig, MS, CEP, FAACVPR</i> <i>Sponsorship Provided by Scottcare</i>	Grand Ballroom
8:30 – 9:00 am	Vendors/Break	A to F
9:00 – 10:00 am	Breakouts: 1. Outpatient Physical Therapy for Orthopedic Pain-Limiting Patients Undergoing Cardiac and Pulmonary Rehab <i>Amy Barwick, DPT</i> 2. Popular Diet Review <i>Ellen Aberegg, MA, LD, RDN, FAACVPR</i> 3. The Role of EECF in Clinical Practice and It's Place in Your Cardiac Rehab Program <i>Heidi Grafft, BS, RCEP, CCRP</i>	G & H Grand Ballroom I
10:00 – 10:30 am	Vendors/Break/Poster Presentations	A to F
10:30 – 11:30 am	Keynote – Nutrition Performance Measure Tools <i>Ellen Aberegg, MA, LD, RDN, FAACVPR</i>	Grand Ballroom
11:30 – 1:00 pm	Lunch – <i>Sponsorship Provided by Scottcare</i> WISCPHR President's Presentation – <i>Heidi Grafft, BS, RCEP, CCRP</i> AACVPR Video Presentation Award Presentations *Award of Excellence *Distinguished Service Award *Presidential Recognition Award *WISCPHR Innovation Award *Honor of Clinical Distinction Give Aways	A to F
1:00 – 2:00 pm	Keynote: A Million Opportunities with Million Hearts <i>Tracy Herrewig, MS, CEP, FAACVPR</i> <i>Sponsorship Provided by Scottcare</i>	Grand Ballroom
2:05 – 3:05 pm	Breakouts: 1. Kinesiophobia: The Key in Unlocking the Shackles of Chronic Pain <i>Samantha Parker, BS, C-IAYT, E-RYT, CPT</i> 2. Nutrition for Pulmonary Rehab Patients <i>Ellen Aberegg, MA, LD, RDN, FAACVPR</i> 3. Therapeutic Use of Canines <i>Lisa Morgan, BA, OTR/L</i>	Grand Ballroom G & H I
3:05 – 3:15 pm	Break	
3:15 – 4:15 pm	Keynote – Chasing Greatness: Life and Leadership <i>Barb Fagan, MS, CEP, FAACVPR</i>	Grand Ballroom
4:15 – 4:30 pm	Closing/Evaluation <i>Heidi Grafft, BS, RCEP, CCRP</i>	Grand Ballroom

# WISCPHR 31<sup>st</sup> Annual Conference

## Registration

Register online at [www.wiscphr.org](http://www.wiscphr.org) Follow instructions on website to pay by debit/credit card.

***You must be logged in as a member to register with member rates.***

## Conference Fees

	On or Before March 15, 2019	After March 15, 2019
WISCPHR/AACVPR Member	\$145	\$195
Non-Member	\$225	\$275
Student <i>6 or more academic credits current semester</i>	\$75	\$125
Personal and Development Pre-Conference Session <i>Friday 12:00 to 3:45 pm</i>	\$50	\$50

## Refund Policy

All requests for refunds must be made in writing and emailed to Lisa Michaels-Bilgrien ([Lisa.Michaels-Bilgrien@forthe.com](mailto:Lisa.Michaels-Bilgrien@forthe.com)) or Tammy Riebe ([Tammy.Riebe@hshs.org](mailto:Tammy.Riebe@hshs.org)) by March 15, 2019. A \$60.00 administrative fee will be assessed for every refund processed.

## Special Needs

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us to serve you better. For more information contact: Kimberly Beyer

[Kimberly.beyer2@ascension.org](mailto:Kimberly.beyer2@ascension.org)

## Accommodations

Chula Vista Resort & WaterPark  
2501 River Road  
Wisconsin Dells, WI 53965

### FOR RESERVATION:

CALL: 855-388-4782 Booking ID# D98001

WISCPHR block of rooms available until March 5, 2019S

\$129 single or double occupancy

### EARLY BIRD REGISTRATION:

Register by March 15, 2019 to win one of two 2020 WISCPHR Annual Conference registrations and two pre-conference registrations.

# WISCPHR 31<sup>st</sup> Annual Conference

## Keynote & Breakout Speakers

Rob Bell, BS, CPA – FOCUS Consulting, Lancaster, WI  
Tracy Herrewig, MS, RCEP, FAACVPR – Ascension Mercy Hospital, Oshkosh, WI  
Amy Barwick, DPT – Aurora Health Care, Milwaukee, WI  
Ellen Schaaf Aberegg, MA, LD, RDN, FAACVPRP – Ellen Aberegg Consulting, Westerville, OH  
Heidi Grafft, BS, RCEP, CCRP – Mayo Clinic Health Systems, La Crosse, WI  
Samantha Parker, BS, C-IAYT E-RYT, CPT-AOC – Alexandria, VA  
Lisa Morgan, BA, ORT/L – Mayo Clinic Health System – Franciscan Healthcare, La Crosse, WI  
Barbra Fagan, MS, CEP, FAACVPR – Consultant, Milwaukee, WI

## Rapid Fire Speakers

Anne-Marie School, BA – St. Clare Hospital, Baraboo, WI  
Bonnie Anderson, MS, RCEP, CEP, MAACVPR – Vernon Memorial Healthcare, Viroqua, WI  
Thorne Wittstruck, BS, RCEP, CCRP – St. Clare Hospital, Baraboo, WI  
Tracy Herrewig, MS, RCEP, FAACVPR – Ascension Mercy Hospital, Oshkosh, WI  
Chad Johnson, MS, CEP – Marshfield Medical Center, Rice Lake, WI  
Eddie Stenger, MS, CCRP, RCEP – River Falls Area Hospital, River Falls, WI

## Conference Committee Members

Bonnie Anderson, MS, RCEP, CEP, MAACVPR – Vernon Memorial Healthcare, Viroqua, WI  
Kimberly Beyer, BS, FAACVPR – Columbia-St. Mary's, Ozaukee, WI  
Rebecca Blake, BS – Aurora Sheboygan Memorial Medical Center, Sheboygan, WI  
Heidi Grafft, BS, RCEP, CCRP – Mayo Clinic Health Systems, La Crosse, WI  
Heather Grant, MS, FAACVPR – Preventive Cardiology, Madison, WI  
Jenna Green, RRT, AE-C – Lakeview Medical Center, Rice Lake, WI  
Dawn Hoff, MS, RCEP, CCRP, CEP – Vernon Memorial Healthcare, Viroqua, WI  
Jill Kahler, MS, CEP – Mercy Medical Center, Oshkosh, WI  
Megan Justman, MS – All Saints Hospital, Racine, WI  
Lance Maerz, MS, RCEP, CCET, CCRP – Upland Hills Health, Dodgeville, WI  
Lisa Michaels-Bilgrien, BS, RCEP, CES – Fort HealthCare, Fort Atkinson, WI  
Samantha Rank, MS, RCEP, CCRP – Tomah Memorial Hospital, Tomah, WI  
Tammy Riebe, BS, RCEP – St. Nicholas Hospital, Sheboygan, WI  
Beth Salko, BSN, RN-BC – Aurora Health Care, Milwaukee, WI  
Tammi Smith, MS, RCEP – Aspirus Wausau Hospital, Wausau, WI  
Ashley Stanek, MS, CEP – Ascension Healthcare Eagle River, Eagle River, WI  
Tammy Thompson, MS, RCEP, CCRP, EIM3 – Crossing Rivers Health, Prairie du Chien, WI  
Colleen Voll, BS, CEP – St. Clare Hospital, Baraboo, WI  
Anna Wargowsky, MS, CEP – Tomah Memorial Hospital, Tomah, WI  
Thorne Wittstruck, BS, RCEP, CCRP – St. Clare Hospital, Baraboo, WI